



I have a good relationship with my coordinator and carer. I have been with Linday Homecare for a while now and find the services very good, especially my coordinator and carer make life so easy for me. They understand my needs and work with it.

Barrymore, Colchester



***A Change in Care you desire***

# Dementia Support

As you may already know, dementia can be a challenging condition to live with whether you are the person with the condition or if you care for someone who has it. Every day is different and the care and support required can vary dramatically from day-to-day. In addition to this, caring for someone with dementia requires specialist communication, behavioral skills and routine to ensure identity is maintained and dignity preserved.

At Linday Homecare we believe that everybody has the right to live the fullest life available to them, and we work hard to enable our clients with dementia to continue living their chosen lifestyle safely and for as long as possible.

Through flexible, tailored care we encourage clients to carry out their daily tasks to the best of their abilities and support them in doing so rather than 'taking over'. This helps maintain a sense of independence and control that is so important, and can make a big difference to their quality of life.

## SERVICES:

Although our dementia care is tailored to meet each person's specific needs our most commonly requested services are:

- Personal care and support including;
  - Dressing, washing, bathing and grooming
  - Toileting & Continence management
  - Food preparation and assistance with meals with a focus on healthy eating
  - Medication support and management
  - Mobility and falls prevention management
  - Trained techniques to assist with moving and handling
  - Skin integrity and pressure area care management
- Respite care for family members, including live-in or night care
- Assistance in participating in the local community through visits to libraries, places of worship, leisure centres or shopping
- Maintenance of current skills and teaching of new communication techniques
- Assistance to keep up hobbies such as music, crafts, exercise, cooking and gardening

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"The carers go above & beyond to assist and advise my family. The carers are extremely helpful & patient. Coping well with occasional angry outbursts"

Barrymore, Colchester

## NEXT STEPS:

Contact us:

For a free initial assessment and further advice regarding your next steps in finding care provision please visit [www.lindaymedicareservices.com](http://www.lindaymedicareservices.com)

## ABOUT OUR CARE WORKERS:

One of the most important aspects of homecare in this specialist field is reliability and continuity of care. In order for homecare to bring the desired quality of life to a client and their family in this situation, it must be consistent and above all reliable. Therefore, we try to ensure that clients see the same care workers regularly allowing familiarity and trust to build. We take a great pride in selecting the best care workers possible and make every effort to match like-minded clients and care workers to encourage mutually beneficial relationships.

As caring for somebody with dementia requires specialist knowledge and specific personal skills, we have a wide pool of carer workers specifically trained to care for those with this condition.

All our dementia care workers undergo specialist dementia training which enables them to:

- Bond with the client as a person, not as a patient
- Ensure that the home is a safe place for the client to be
- Identify potential risks
- Build listening skills to correctly interpret miscommunication
- Help family members to understand the importance of maintaining communication and learning new communication techniques
- Develop non-verbal communication techniques
- Help maintain memories through exercises such as a memory box

## FUNDING:

Many people contact us regarding care for themselves or a loved one and one of the biggest concerns is funding. We are committed to helping you find the best possible care and enabling you to use your funding in the most economical way. Our personal care and support services can be funded in many different ways:

- Your local authority/NHS Trust may commission the care directly with us
- Your local authorities may provide you with an individual budget to make direct payments to our service
- Your family may purchase a certain number of care hours on your behalf to supplement what is funded by your local authority
- You may wish to commission your own care using personal resources

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