



Having the same carer for the same length of time (years) makes life easy and very pleasant. We are very happy with the care we get from Linday Homecare

*Ian, Essex*



*A change in care you desire*

[www.lindaymedicareservices.com](http://www.lindaymedicareservices.com)

# Live-in Care

Live-in care offers unique full-time one-to-one support to both individuals and couples in the familiar surroundings of their own home, ensuring that you or your loved one can remain as independent as possible and avoid the need for a care/nursing home placement. Our live-in service is tailored to each person's needs and aspirations, no matter what their level of dependency.

Having a full-time Care Practitioner not only provides you with personal guidance and support, but also reassurance and peace of mind to family and friends situated close by or further afield. The permanent presence of a live-in Care Practitioner enables family and friends to be confident that help is on hand when and where needed.

Our live-in care service is available to younger and older individuals and can be utilised both on a long-term or short-term basis, for needs of high level dependency and complex conditions to assistance in rehabilitation or companionship.

## SERVICES:

Our most commonly requested services are:

### Personal Care

- Dressing, washing, bathing and grooming
- Toileting & Continence management
- Food preparation and assistance with meals with a focus on healthy eating
- Medication support and management
- Mobility and falls prevention management
- Trained techniques to assist with moving and handling
- Skin integrity and pressure area care management

### Support Services

- Shopping
- Cooking
- Local visits within the community
- Caring for your pets
- Light domestic duties/ironing
- Companionship
- Assistance with reading, writing and correspondence

### Carer Support Services

- Respite Care
- Sit-in Service
- Waking night Support
- Training on request
- Assistance with day-to-day tasks

---

“ It was a momentous decision to take and thus far I am so glad we took this path”  
Clients family, Colchester.

## NEXT STEPS:

[Contact us](#)

For a free initial assessment and further advice regarding your next steps in finding care provision please visit [www.lindaymedicareservices.com](http://www.lindaymedicareservices.com)

## WHY LINDAY HOMECARE?:

We understand that being able to stay in your own home can make a huge difference to your mental and physical well-being. The aim of many of our clients is to remain at home as long as possible and through our work we have seen how retaining choice and control in later years greatly improves quality of life.

We believe that you are the expert in knowing what is best for your lifestyle and will work closely with you and your family members to provide reliable, tailored care enabling you to live the best life that you can.

## ABOUT OUR CARE WORKERS:

Asking a stranger to live in your home can be a daunting process, but we will consult you every step of the way to ensure that you're happy and comfortable with the care that you receive.

We go to great lengths to ensure that every care worker employed by us is appropriately trained, professional and competent. We would never hire anyone we wouldn't invite into our own home and do our best to ensure that clients are matched with like-minded care workers to allow mutually beneficial relationships to be built.

One of the questions we're asked most often regarding live in care is 'how can I retain my privacy when a care worker moves in to my home?' We understand that this is a big step for you and that a period of adjustment will be required. All our care workers are professional carers and trained to be able to deliver the correct balance between care provision and maintaining your privacy.

We'll work with you to establish an ongoing routine with your care worker that allows you maximum dignity and respect whilst ensuring your care needs are met.

## FUNDING :

Many people contact us regarding care for themselves or a loved one and one of the biggest concerns is funding. We are committed to helping you find the best possible care and enabling you to use your funding in the most economic way. Our personal care and support services can be funded in many different ways:

- Your local authority/NHS Trust may commission the care directly with us
- Your local authorities may provide you with an individual budget to make direct payments to our services
- Your family may purchase a certain number of care hours on your behalf to supplement what is funded by your local authority
- You may wish to commission your own care using personal resources

[www.lindaymedicareservices.com](http://www.lindaymedicareservices.com)