



My carers are fantastic and treat me like their own Mother. They make me feel my life is worth living and I look forward to them coming.

Mrs. Doreen E, Saffron Walden



A change in care you desire

www.lindaymedicareservices.com

Personal Care

We recognise that each person we support is unique with their own needs, preferences and aspirations for the future. Whether you need assistance to bathe and dress, support with your medication, housework, shopping or accessing the local community, we are here to give you the care and support you need, ensuring you lead the most independent life possible.

Our care packages are completely personalised in line with your requirements, and are designed with as much or as little input from yourself and your family members as you choose.

SERVICES:

Our most commonly requested services are:

Personal Care

- Dressing, washing, bathing and grooming
- Toileting & Continence management
- Food preparation and assistance with meals with a focus on healthy eating
- Medication support and management
- Mobility and falls prevention management
- Trained techniques to assist with moving and handling
- Skin integrity and pressure area care management

Support Services

- Shopping
- Cooking
- Local visits within the community
- Caring for your pets
- Light domestic duties/ironing
- Companionship
- Assistance with reading, writing and correspondence

Carer Support Services

- Respite Care
- Sit-in Service
- Waking night Support
- Training on request
- Assistance with day-to-day tasks

“ The care given in the last year since we made the decision to have care at home has been excellent. As a daughter it has enabled me to still be a friend to Mum, not a carer, and that is so important to me. It was a momentous decision to take and thus far I am so glad we took this path”

Mrs. Doreen E, Saffron Walden (Family)

WHY LINDAY HOMECARE?

We understand that being able to stay in your own home can make a huge difference to your mental and physical well-being. The aim of many of our clients is to remain at home as long as possible and through our work we have seen how retaining choice and control in later years greatly improves quality of life. We believe that you are the expert in knowing what is best for your lifestyle and will work closely with you and your family members to provide reliable, tailored care enabling you to live the best life that you can.

It can be daunting when poor health requires a stranger to come into your home to assist you with your daily routine and we bear this in mind when recruiting our team of loyal care workers. We go to great lengths to ensure that everyone employed by us is appropriately trained, professional and competent. We would never hire anyone we wouldn't invite into our own home and do our best to ensure that you see the same people each time to allow you to build good relationships with your care workers.

FUNDING

One of the most frequent concerns we hear from people looking for care and support is that of funding. We understand that this can be a difficult time for you and your family and are committed to helping you find the best possible care which enables you to use your funding in the most economic way. Our personal care and support services can be funded in many different ways:

- Your local authority/NHS Trust may commission the care directly with us Your local authority may provide you with an individual budget to use our services
- Your family may purchase a certain number of care hours on your behalf to supplement what is funded by your local authority
- Your local authority may provide you with an individual budget to make direct payments to our service

NEXT STEPS:

Contact us:

For a free initial assessment and further advice regarding your next steps in finding care provision please visit www.lindaymedicareservices.com

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