

WHY LINDAY HOMECARE?

We believe that you are the expert in knowing what is best for your lifestyle and will work closely with you and your family members to provide reliable, tailored care enabling you to live the best life that you can.

It can be daunting when poor health requires a stranger to come into your home to assist you with your daily routine and we bear this in mind when recruiting our team of loyal care workers. We go to great lengths to ensure that everyone employed by us is appropriately trained, professional and competent. We would never hire anyone we wouldn't invite into our own home and do our best to ensure that you see the same people each time to allow you to build good relationships with your care workers.

Our promise to you is a quality professional service delivered by appropriately trained care workers who are reliable, punctual and most importantly, friendly!

FUNDING

Many people contact us regarding care for themselves or a loved one and one of the biggest concerns is funding. We are committed to helping you find the best possible care and enabling you to use your funding in the most economic way.

Our personal care and support services can be funded in many different ways:

- Your local authority/NHS Trust may commission the care directly with us
- Your local authorities may provide you with an individual budget to make direct payments to our service
- Your family may purchase a certain number of care hours on your behalf to supplement what is funded by your local authority
- You may wish to commission your own care using personal resources

"Our care worker has made a great contribution to the health, well-being and comfort of my sister in her last days. Our care worker was ever sunny, reliable, most professional and ever conscious of my sister's dignity and comfort. My sister was insistent to tell us how comforted she was by her presence."

Barrymore, Colchester

"Thank you all for the help my wife received while he was ill. What would we do without people such as you? We are so grateful for all you do."

Harris, Brentwood

NEXT STEPS:

Contact us:

For a free initial assessment and further advice regarding your next steps in finding care provision please visit www.lindaymedicareservices.com

A change in care you desire



"I cannot speak too highly of our main care worker. She was concerned not only for my husband but for me as well, always sensing when my role of carer was becoming too much for me. She became like one of the family, giving support to both of us, with her practical assistance and words of common sense."

Ian, Essex



Tailored care packages to help you live the **best life you desire**

We understand that being able to stay in your own home can make a huge difference to your mental and physical well-being. The aim of many of our clients is to remain at home as long as possible and through our work we have seen how choice and control in later years greatly improves your quality of life.

We offer the full spectrum of care services from short visits that provide help with domestic chores through to full time live in care. We know that this is a new and potentially difficult period for you, but you can have confidence in our capabilities. Through our experience we have come across most situations and have built a loyal team of trained care professionals who take pride in delivering a quality service.

Our care is tailored to meet each individual's needs and the most commonly requested services are:

PERSONAL CARE

We understand that each individual we support is unique with their own needs, preferences and aspirations for the future. Our Personal Care packages are completely personalised and tailored to the needs of our client, ensuring they lead the most independent life possible.

We offer:

- Medicine management and support
- Incontinence management and support
- Dressing/undressing, washing, bathing and grooming
- Assistance with moving and handling
- Nutrition, feeding and supporting healthy eating
- Skin and pressure care
- Shopping
- Cooking
- Visits to shops / outings
- Respite care for carers
- Pet feeding
- Light domestic duties
- Companionship
- Assistance with reading, writing and correspondence

SPECIALIST DEMENTIA CARE

Dementia can be a challenging condition to live with whether you are the person with the condition or if you care for someone that has it. Everyday is different and the care and support required can dramatically change from day to day. Through flexible, tailored care we encourage clients to carry out their daily tasks to the best of their abilities and support them.

We offer:

- Specialist communication activities
- Flexible care to accommodate 'good' and 'bad' days
- Help family members to understand the importance of maintaining communication and learning new communication techniques
- Help maintain memories through memory exercises such as a memory box

LIVE IN CARE

Live In Care offers unique full time one to one support to both individuals and couples in the familiar surroundings of their own home. The permanent presence of a Live In Carer enables family and friends to be confident that help is always on hand when needed. Our Live In service is available for needs of high level dependency, complex conditions and assistance in rehabilitation or companionship.

WHAT CAN YOU EXPECT?

Lindsay Homecare has a long history of providing care services to meet the whole range of potential requirements. Our success comes from our friendly, person-focused approach and we are dedicated to helping you make independent choices whilst supporting you to live your chosen lifestyle.

We take great pride in providing an excellent service and have a great team of loyal care workers.

We can promise you:

- To treat you as an individual
- Privacy, confidentiality and discretion
- Properly trained and competent staff
- Continuity of care workers
- Reliability and punctuality
- Like-minded care workers wherever possible
- Respect for you and your home
- To listen to you
- To assist you in continuing to make a positive contribution to your circle of family, friends and local community
- Clear and accurate pricing